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| --- | --- | --- |
| **Course Title:**  | **Communication Skills** |  |
| **Course Code:** | **253 CSK-2** |  |
| **Program:** | **Bachelor of Medicine, Bachelor of Surgery (MBBS)** |  |
| **Department:**  | **N/A** |  |
| **College:** | **Medicine** |  |
| **Institution:** | **Najran University** |  |

# A. Course Identification

|  |  |
| --- | --- |
| **1. Credit hours:** |  |
| **2. Course type** |
| **a.** | University |  | College |  | Department |  | Others | **🗸** |  |
| **b.** | Required | **🗸** | Elective |  |  |
| **3. Level/year at which this course is offered:** | **Year 2 - Semester-2 (level 5)** |
| **4. Pre-requisites for this course** (if any)**: PHASE I /Year 2 - Semester-1 (level 3)** |
| **5. Co-requisites for this course** (if any)**: None** 🗸 |
|  |

## 6. Mode of Instruction (mark all that apply)

| **No** | **Mode of Instruction** | **Contact Hours** | **Percentage**  |
| --- | --- | --- | --- |
| **1** | **Traditional classroom** Lectures | 15 | 25.9% |
| **2** | **Blended**  |  |  |
| **3** | **E-learning** |  |  |
| **4** | **Distance learning**  |  |  |
| **5** | **Other** 1. Role playing (RP)
2. Skills lab (SL)
3. Technology assistant learning (TECH)
4. Field Work Visit (FWV)
 | 41 | 74.1% |

**7. Contact Hours** (based on academic semester)

|  |  |  |
| --- | --- | --- |
| **No** | **Activity** | **Contact Hours** |
| **1** | **Lecture 15** |  15 |
| **2** | **Laboratory/Studio** |  |
| **3** | **Tutorial**  |  |
| **4** | **Others** (specify)1. Role playing
2. Clinical Skills lab Training
3. Technology assistant learning (TECH)
4. Field Work Visit (FWV)
 | 41 |
|  | **Total** | 56 |

# B. Course Objectives

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| --- |
| 1. Course Description This course is delivered to the medical students at the year 2 - semester-2 (level 4). The course is comprised of an interdisciplinary synthesis of communication theory, non-clinical and clinical skill practice. It is a 2-credit hour course provides an overview of communication technique and its role in science and medicine. Effective communication in health and science is a key skill in medicine. This course is designed to assist the student in developing fundamental communication skills and professional behavior upon which they will build their future medical practice. This course highlights the communicative methodology and professional behaviors that are needed for the daily interaction with patients, their relatives and other healthcare providers. |
|  |
| 2. Course Main ObjectiveBy the end of this course, students are expected to:1. Develop basic non-clinical communication skills
2. Develop basic clinical communication skills in history taking and physical examination.
3. Communicate with patients, their relative and other healthcare providers effectively.
4. Demonstrate interview and presentation skills.

Explain concepts and strategies of communication skills, behavioral aspects, basic clinical skills, evidence-based medicine and health informatics system; and their importance in medical practice. |
|  |

# C. Course Content

|  |  |  |
| --- | --- | --- |
| **No** | **List of Topics** | **Contact Hours** |
|  | Introduction to communication skills (L) | 1(1+0) |
|  | Doctor-patient relationships and Doctors’ wellbeing (L) | 1(1+0) |
|  | Personality, personality development and assessments (L) | 1(1+0) |
|  | Aggression, Violence and Sexuality (L) | 1(1+0) |
|  |  Aging, Death and Bereavement (L) | 1(1+0) |
|  | Childhood development (L) | 1(1+0) |
|  | Adolescence and adulthood development (L) | 1(1+0) |
|  | Psychoanalytic Theory and Defense Mechanisms (L) | 1(1+0) |
|  | Learning theories & clinical applications (L) | 1(1+0) |
|  | The Biopsychosocial Model in Medical Practice (L) | 1(1+0) |
|  | Introduction to evidence-based medicine (L) | 1(1+0) |
|  | Introduction to health informatics system (L) | 1(1+0) |
|  | Communication in research (L) | 1(1+0) |
|  | General history taking and most common symptoms (L) | 1(1+0) |
|  | Basic consultation modules I (L) | 1(1+0) |
|  | General history taking (SL) | 3(0+3) |
|  | History taking of pain, swelling and ulcer (SL) | 3(0+3) |
|  | General physical examination (SL) | 3(0+3) |
|  | Local abdominal examination TECH | 2(0+2) |
|  | Examination of vital signs(Pulse ,BP,RR, Temperature) (SL) | 3(0+3) |
|  | Cardiac and chest auscultation (SL) | 3(0+3) |
|  | Examination of ulcer and Lump(surgery) (SL) | 3(0+3) |
|  | Anthropometric measurement (SL) | 3(0+3) |
|  | Examination of lower limb TECH | 2(0+2) |
|  | Examination of head and neck TECH | 2(0+2) |
|  | Practice counselling the patients or consent (SL) | 3(0+3) |
|  | Basic consultation modules II RP | 2(0+2) |
|  | First aids and basic life support (SL) | 3 (0+3) |
|  | Basic research skills and reviewing research databases (FWV) Library.  | 3 (0+3) |
|  | Health informatics system (FWV) | 3 (0+3) |
| **Total** |  |

# D. Assessment Tasks for Students

| **#** | **Assessment task\***  | **Week Due** | **Percentage of Total Assessment Score** |
| --- | --- | --- | --- |
| **1** | Continuous assessment |  | 40% |
| **2****3****4** | Role playing  | 1-12th week | 10% |
| Frist Quiz Second Quiz  | 4th week10th week | 5 %5 % |
| Midterm MCQS  | 6th week | 20 % |
| **5** | Final exam |  | 60% |
|  | Final MCQS  | 15th | 20 % |
| Final OSPE/OSCE  | 15th | 40% |
|  |  |  |

**\*Assessment task** (i.e., written test, oral test, oral presentation, group project, essay, etc.)

# F. Learning Resources and Facilities

## 1.Learning Resources

|  |  |
| --- | --- |
| **Required Textbooks** | 1. Gallagher, M; Nelson,R; 2003: Handbook of psychology. Biological psychology. Published by John Wiley & Sons. New Jersey.
2. Lerner, R; Easterbrooks, A; Mistry, j; 2003: Handbook of psychology. Developmental Psychology. Published by John Wiley & Sons. New Jersey.
3. Streker, G; Widger, T; 2003: Handbook of psychology. Clinical psychology. Published by John Wiley & Sons. New Jersey.
4. Craven, R., & Hirnle, C. (2009). Human health and function. London: Wolters Kluwer
5. LeVay, Simon (2017). Gay, Straight, and the Reason Why: The Science of Sexual Orientation. Oxford University Press. ISBN 9780199752966.
6. Bailey, J. Michael; Vasey, Paul; Diamond, Lisa; Breedlove, S. Marc; Vilain, Eric; Epprecht, Marc (2016). "Sexual Orientation, Controversy, and Science". Psychological Science in the Public Interest. 17 (2): 45–101.
7. Bailey, J. Michael; Vasey, Paul; Diamond, Lisa; Breedlove, S. Marc; Vilain, Eric; Epprecht, Marc (2016). "Sexual Orientation, Controversy, and Science". Psychological Science in the Public Interest. 17 (2): 45–101
8. Macleod's Clinical Examination
9. Hutchison's Clinical Methods, 23rd Edition.
10. Browse's Introduction to the Symptoms & Signs of Surgical Disease
11. Obstetrics and Gynaecology by Ten Teachers
12. Manual of clinical Pediatrics(Mansour N. Alhawasi)
13. Bates’ Guide to Physical Examination & History Taking, Ed ,Lippincott Williams & Wilkins Inc.
 |
| **Essential References Materials** | SDL Saudi Digital Library  |
| **Electronic Materials** | 1. Annals of The Royal College of Surgeons of England
2. Annual Review of Medicine
3. www.emedicine.com,
4. www.uptodate.com,
5. www.generalpediatrics.com
6. www.merriam-webster.com/dictionary/death
 |
| **Other Learning Materials** | Skills checklists, handouts, videos and video links |

## 2. Facilities Required

| **Item** | **Resources** |
| --- | --- |
| **Accommodation**(Classrooms, laboratories, demonstration rooms/labs, etc.) | 1. Lecture room suitable for students
2. Skills lab suitable for students.
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| **Technology Resources** (AV, data show, Smart Board, software, etc.) | 1. Computer and data show in the lecture room.
2. Internet connection
3. Blackboard.
4. Zoom application
 |
| **Other Resources** (Specify, e.g. if specific laboratory equipment is required, list requirements or attach a list) | 1. Library supplied with reference text books, electronic resources.
2. Skill lab, prepared with different mannequins suitable for performing different examinations.
3. Video tapes in the skill lab (CD) of clinical examination.
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# F. Specification Approval Data

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| --- | --- |
| **Council / Committee** |  |
| **Reference No.** |  |
| **Date** |  |