



Course Specifications

Course Title:	Psychiatry
Course Code:	624- PSY- 3
Program:	Medicine and Surgery
Department:	
College:	College of medicine
Institution:	Najran university

A. Course Identification

1. Credit hours: 3CH (2 + 1)
2. Course type
a. University <input type="checkbox"/> College <input checked="" type="checkbox"/> Department <input type="checkbox"/> Others <input checked="" type="checkbox"/>
b. Required <input checked="" type="checkbox"/> Elective <input type="checkbox"/>
3. Level/year at which this course is offered: 18 th level / 6 th year
4. Pre-requisites for this course (if any): <i>Medicine 2, Surgery 2, pediatric 1, and gyn. & obs.1</i>
5. Co-requisites for this course (if any):

6. Mode of Instruction (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	21	25%
2	Blended		
3	E-learning		
4	Distance learning		
5	Other	63	75%

7. Contact Hours (based on academic semester)

No	Activity	Contact Hours
1	Lecture	21
2	BST	24
3	Tutorial	18
4	Others (specify) SDL	21
	Total	84

B. Course Objectives

1. Course Description

This course is a 3-week course and it designed to teach medical students the basic principles of Psychiatry and mental disorders as these relate to the physician's professional role. It provides medical students with the opportunity to perceive psychiatric patients in a holistic approach and provides future physicians with knowledge on psychopathology, classification of psychiatric disorders, diagnosis, therapeutic options, and current psychiatric issues. The student will integrate knowledge and skills in a clinical setting and participate actively in the evaluation and treatment of patients during their rotations at the Psychiatric hospital.

2. Course Main Objective

By end of the course, the students are expected to: 1. To describe the etiology, pathophysiology, clinical manifestation, management, and prevention of the common medical disorders. 2. Master the appropriate basic skills in history taking and physical examination (general and local physical examination) of the patient. 3. Outline the clinical manifestations and management of common medical emergencies. 4. To demonstrate commitment to ethical issues while dealing with patients, patients' families, and hospital staff.

C. Course Content

No	List of Topics	Contact Hours
Lectures		
1	Introduction to the Course specification L1	1(1+0)
2	Psychosomatic medicine L2	1(1+0)
3	Schizophrenia & Other Psychotic disorders L3	1(1+0)
4	Mood disorders L4	1(1+0)
5	Personality disorders L5	1(1+0)
6	Anxiety disorders (GAD, panic dx, phobias) L6	1(1+0)
7	Stress related disorders L7	1(1+0)
8	OCD & impulse control disorders L8	1(1+0)
9	Adjustment disorders L9	1(1+0)
10	Substance use disorders L10	1(1+0)
11	Cognitive disorders L11	1(1+0)
12	Neuro-cognitive disorders L12	1(1+0)
Tutorial		
13	Assessment and management of the psychosomatic patient (TUT1)	2(2+0)
14	How to interview patient with substance abuse (TUT 2)	2(2+0)
15	Assessment and management of suicidal and homicidal patient (TUT3)	2(2+0)
BST		
16	Psychiatric interviewing and exam (BST1)	3(0+3)
17	Assessment and management of the psychotic patient (BST2)	3(0+3)
18	How to interview patients with mood disorders (BST3)	3(0+3)
19	Assessment and management of neurotic patient (anxiety) BST 4	3(0+3)
20	How to interview a patient with cognitive impairment (BST5)	3(0+3)
21	Psychiatric interviewing and exam REVIEW (BST 6)	3(0+3)

22	Psychiatric case (BST 7)	3(0+3)
23	Woman psychiatry (BST8)	3(3+0)
24	Child psychiatry (BST9)	3(3+0)
25	Psychiatric case (BST 10)	3(3+0)
SDL		
26	Neuroanatomy review SDL1	3(3+0)
27	Neurophysiology review SDL2	3(3+0)
28	Neurostimulation in psychiatric care SDL3	3(3+0)
29	Ethics in psychiatry SDL 4	3(3+0)
30	Clinical legal issues in psychiatry SDL 5	3(3+0)
31	Psychiatry and reproductive medicine SDL 6	3(3+0)
32	End-of-life care and palliative medicine SDL 7	3(3+0)
33	Emergency psychiatry SDL8	3(3+0)
34	Interaction between psychiatry and medicine SDL9	3(3+0)
35	Sleep and eating disorders SDL10	3(3+0)
Skill lab		
36	Clinical interviewing and mental status examination	3(3+0)
37	Diagnosis & Classification in psychiatry	3(3+0)
38	Psychopathology	3(3+0)
39	Psychopharmacology	3(3+0)
40	Psychological treatment	3(3+0)
41	How ECT is conducted (video)	3(3+0)
42	Case/case scenario/video case of mood and anxiety patient	3(3+0)
43	Case/case scenario/video case OF violent patient	3(3+0)
44	Case/case scenario / video cases of emergency psychiatry	3(3+0)
45	Revision on psychiatry	3(3+0)
Total		

D. Assessment Tasks for Students

#	Assessment task*	Week Due	Percentage of Total Assessment Score
1	Continues assessment	1,2,3	10%
2	Midterm exam	2ed week	30%
3	Final written exam	3ed week	20%
4	Final clinical exam	3ed week	40%
5			

*Assessment task (i.e., written test, oral test, oral presentation, group project, essay, etc.)

F. Learning Resources and Facilities

1. Learning Resources

Required Textbooks	Basic Psychiatry (latest edition) Dr. M.A. Al Sughavir Publisher: King Saud University Academic & Press
Essential References Materials	Kaplan & Sadock's Pocket Handbook of Clinical Psychiatry Benjamin J., Md Sadock , Virginia A., Md Sadock , Harold I. Pocket Handbook of Clinical Psychiatry Kaplan Publisher: Lippincott Williams & Wilkins; latest edition) Psychiatry (Oxford Core Texts) Michael Gelder , Richard Mayou , John Geddes Publisher: Oxford University Press; latest edition
Electronic Materials	Uptodate ,medescape
Other Learning Materials	Material posted by staff members on the black board Educational videos during lectures and on the black board

2. Facilities Required

Item	Resources
Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.)	Lecture room suitable for 15 students
Technology Resources (AV, data show, Smart Board, software, etc.)	Computer, and multimedia in the lecture room
Other Resources (Specify, e.g. if specific laboratory equipment is required, list requirements or attach a list)	Library supplied with reference textbooks, electronic resources

F. Specification Approval Data

Council / Committee	
Reference No.	
Date	